



A CAMPING TRADITION SINCE 1936 — IN ALGONQUIN PARK, ONTARIO

Senior Director: VIC NORRIS  
 Camp Director: CRAIG PERLMUTTER  
 Associate Director: DAVID STRINGER

SUMMER:  
 P.O. Box 10008  
 Huntsville, ON P1H 2H3  
 (705) 633-5561

MICHIGAN:  
 1760 S. Telegraph, Suite 300  
 Bloomfield Hills, MI 48302-0183  
 (248) 335-6400  
 Fax: (248) 335-2540

TORONTO:  
 161 Eglinton Ave. E., Suite 501  
 Toronto, ON M4P 1J5  
 (416) 924-7433  
 Fax: (416) 924-5822

INTERNET:  
 www.tamakwa.com  
 E-MAIL:  
 howhow@tamakwa.com

## VEGETARIAN SIGN-UP FORM

--2009--

Over the past few years we have seen an increase in campers signing up for our vegetarian meal option. While we have always tried to accommodate various dietary needs and choices, we have noticed that not all vegetarians are created equal. We now offer 2 vegetarian options your camper can choose from for the summer:

1. **FULL Vegetarian option** – Alternate meal for ALL beef, fish & chicken meals
2. **CHICKEN ONLY Vegetarian option** – Alternate meal when beef or fish is served

We have added option #2 as we have found in the past that many of our vegetarian campers still wanted to eat some of our popular chicken dishes. Regardless of which option your camper chooses for the summer, there is NO DEVIATING at any point during the summer. If you sign up for option #2 then your camper CANNOT eat the vegetarian meal during any meal when chicken is served.

Please discuss both options carefully with your camper before signing this form and ensure they understand they are making this commitment for the entire summer.

Please select one of the following:

- [ ] **FULL** VEGETARIAN OPTION      [ ] **CHICKEN ONLY** VEGETARIAN OPTION

\_\_\_\_\_ has my permission to keep the above selected diet at Camp Tamakwa for the 2009 season. I understand that in order for Camp Tamakwa to order and prepare foods properly, and in sufficient quantities, **no alternating between the selected diet will be permitted.**

\_\_\_\_\_  
 Camper Name

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Parent/Legal Guardian Signature

\_\_\_\_\_  
 Date

(Please complete one form per camper. This form must be completed and returned before camp begins.)